

WINTER VARC UPDATE

Diary Dates

- 10th November 2018 Lluest EC lesson -flat and pole
- 23rd November 2018 Christmas Dinner, White Swan Llanon
- 2nd December 2018 Lluest EC Lesson - Pole and SJ
- 9th December 2018 Cwmnant Christmas Fun Day
- 12th Jan 2019 Pibrwyd College - Winter Prelim Dressage
- 13th Jan 2019 Pibrwyd College - Winter Novice Dressage
- Arena Eventing date to be confirmed (will be before 28th Feb) Beacons Equestrian
- FOTH date to be confirmed (will be before 31st March) Beacons Equestrian
- 6th April 2019 Beacons Equestrian (venue TBC) - Combined Training
- 21st April Lluest EC - William Blane Clinic
- 1st June 2019 Gower Summer Show Jumping
- 23rd June 2019 Llanymynech Horse Trials
- 13th July 2019 Beacons Equestrian -Dressage to Music

NOTE: Please ensure that you clean up after you and your horse when attending Riding Club events! Thank you

William Blane Returns by Popular Demand

We welcomed William Blane back to Lluest Equestrian Centre on 7th October. Running from 9am–4pm with a full programme of lessons from flat right through the heights up to 1m.

Our William Blane clinics are a popular feature in the riding club diary and we have secured a return visit for 2019 – April 21st...SAVE THE DATE!

Now is probably a good time to mention membership renewal for 2019. Membership will remain at £20.00, forms are available on the website and we look forward to welcoming you back for another jam packed year of fun!



VARC Team/Individual Selection

After much discussion at Octobers AGM the committee have agreed a more formal process for rider selection for competitions. The expressions of interest received in relation to our members representing the club at area competitions is hugely encouraging but with limited entries per club we have to introduce a fair and open process to selection.

Our selection process is not about picking the most

confident or the most successful—we are firm believers in remaining an open and inviting, friendly club BUT in terms of safety we must take some responsibility in ensuring that our members are comfortable and safe competing at areas. In order to compete for VARC you must have attended at least 2 training sessions (on the horse you will ride) with the club instructor Mandy Jones. Mandy will

then be able to advise you and the committee on rider selection, which classes would suit you and your horse etc. If you would like to be included in an area competition keep your eye on our facebook page for expression of interest info via Emma Brooke. Once expressions of interest has closed and entries agreed/paid VARC will schedule some structured training in the lead up to the competition.

VARC Riding Club Camp 2018

The 14th—17th June seems like an age away and after a long hot and dry Summer its nice to look back on what was a hugely successful riding club camp. The weather was kind to us and all our members had a great time. There were lots of laughs, lots of gin, copious amounts of wine and a deli-

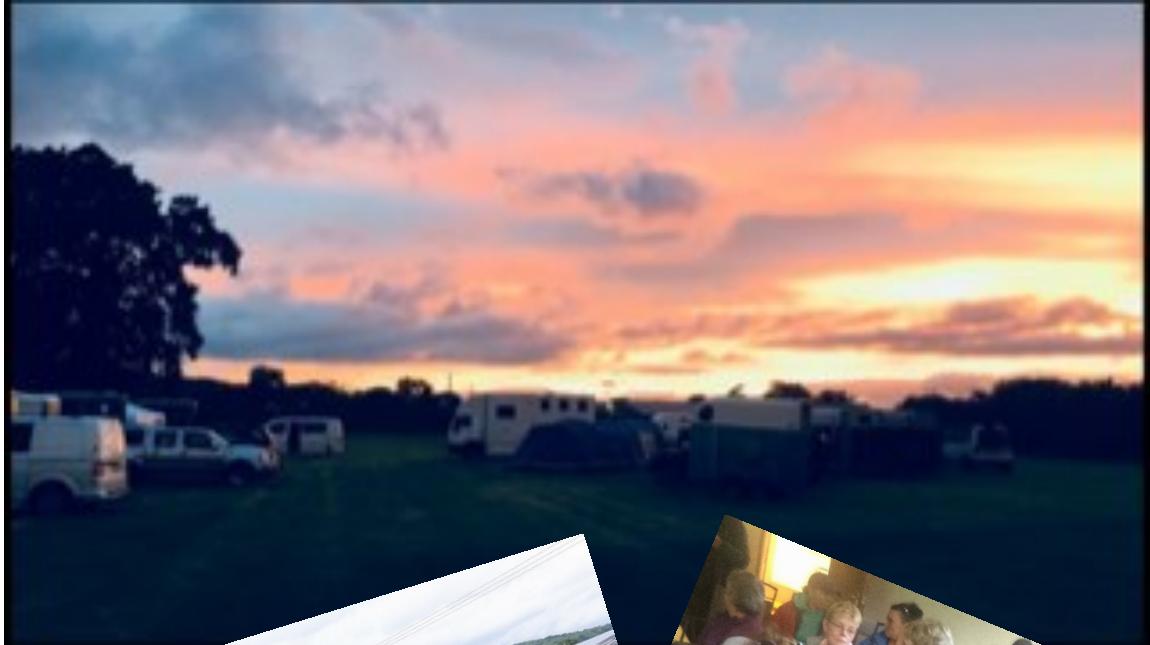
cious BBQ.

On Friday we welcomed 2 guest instructors, Nicola Shipp and Diane Carter. Members were put through their paces be it poles, jumping or flat. It was a pleasure to see everyone supporting each other, enjoying their horses and learning along

the way.

That evening Lower House Equine Clinic kindly hosted a very interesting lecture on common conditions in competition horses. Simon Wood BVSc MRCVS, who was part of the London Olympics vet team and is a British Show Jumping and FEI

vet, spoke passionately about various injuries and conditions that can effect our horses. Our members had the opportunity to ask questions and learned a lot from the lecture.

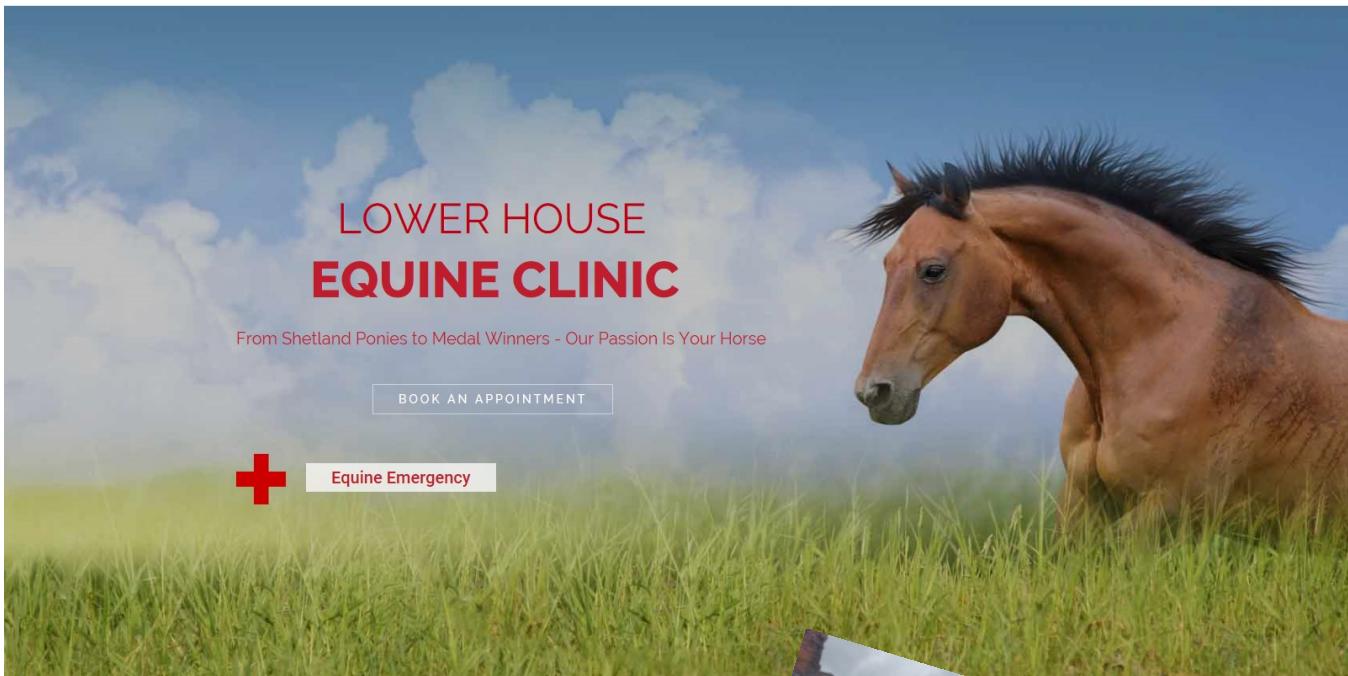


MAKE AN APPOINTMENT PRACTICE INFO CONTACT US

Call us on 01691 830444 office@lhec.vet



APPOINTMENT WHO WE ARE SERVICES SUPPLEMENTS FACILITIES HEALTH PLAN YOUR HORSE NEWS



Saturday saw members braving the XC course

A few sore heads were soon sorted out by Mrs Revells infamous bacon butties. Members donned their XC gear (and their brave pants) and headed out to the schooling field with Mandy Jones our club training officer.

After a blast around the XC members took their trusty steeds to Simon at Lower House for a quick once over. It gave members the opportunity to ask questions about any little niggles or concerns they had about their horse.

To finish off the day members headed back to camp for a BBQ of epic propor-

tions and a quiz hosted by our very own quizmaster Emma Brooke.

SUNDAY

Competition day went fantastically, those competing were helped and supported by those who weren't and the team spirit VARC prides itself on was present in bucketful's! It topped off what was a hugely successful and highly enjoyable riding club camp.

WELL DONE LADIES! XOX

**LOOK OUT FOR THE
2019 DATE.....COMING
SOON!**



Vale of Aeron Riding Club



E-mail: ValeofAeronRC@yahoo.co.uk

We are a friendly local riding club located in Mid West Wales and have been established for over 20 years. We run with members from the surrounding areas of Lampeter, Tregaron, Llanrhystud, Aberaeron and Aberystwyth. We offer training and development to our members, mounted and unmounted, as well as social events and competitions. New members, senior or junior, are always welcome.

www.valeofaeronridingclub.weebly.com

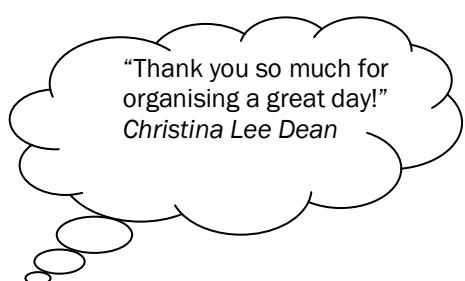
Diane's Dressage Test Riding Clinic, Sept 23rd 2018

Members had the opportunity to brush up on their dressage test riding skills at Lluest Equestrian Centre under the watchful eye of Diane Hesketh-Jones (nee Carter). Those who went to Summer camp had already

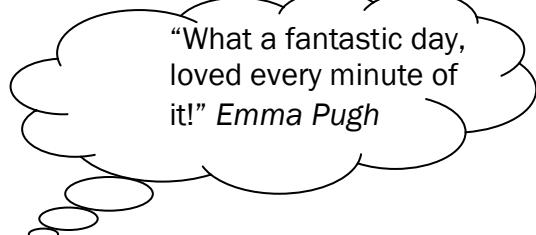
had the pleasure of Dianes fab coaching so were pleased to see her return to VARC. Each participant rode a test (Intro B, Prelim 13 or Novice 24) which was judged by Diane who then worked with the riders in a

lesson to help them gain those extra few marks when they rode the test again at the end of their session. The day was a huge success and we look forward to welcoming Diane back to VARC in the

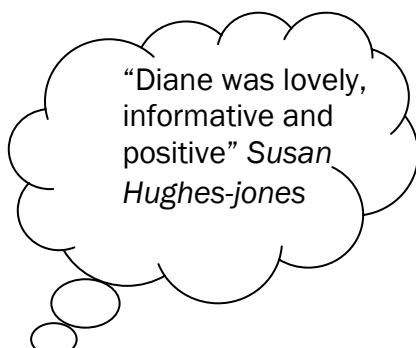
new year.....date TBC!
WATCH THIS SPACE!



"Thank you so much for
organising a great day!"
Christina Lee Dean



"What a fantastic day,
loved every minute of
it!" *Emma Pugh*



"Diane was lovely,
informative and
positive" *Susan
Hughes-jones*